

be informed

a newsletter of Phoebe Putney Health System

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Unlock the Power of Effective Communication

In the fast-evolving professional landscape, the art of communication stands as a cornerstone of success. As we journey through the eras of communication evolution, the impact on both our personal and professional spheres is undeniable. How, then, do we master the dance of effective communication in the workplace?

Introducing the 7C's of Communication, a comprehensive framework designed to guide the path through the complexities of workplace interactions. At its core, this framework champions Clarity, ensuring messages are understood as intended, and Conciseness, which respects the recipient's time by being to the point. Concreteness solidifies messages with factual grounding, while Correctness upholds the integrity of communication through accuracy. Coherence ensures a logical flow, making complex ideas accessible, and Completeness guarantees that no critical information is left out,

fostering informed decision-making. Lastly, Courtesy embodies the respect and empathy necessary for positive interactions, acknowledging diverse viewpoints and emotions.

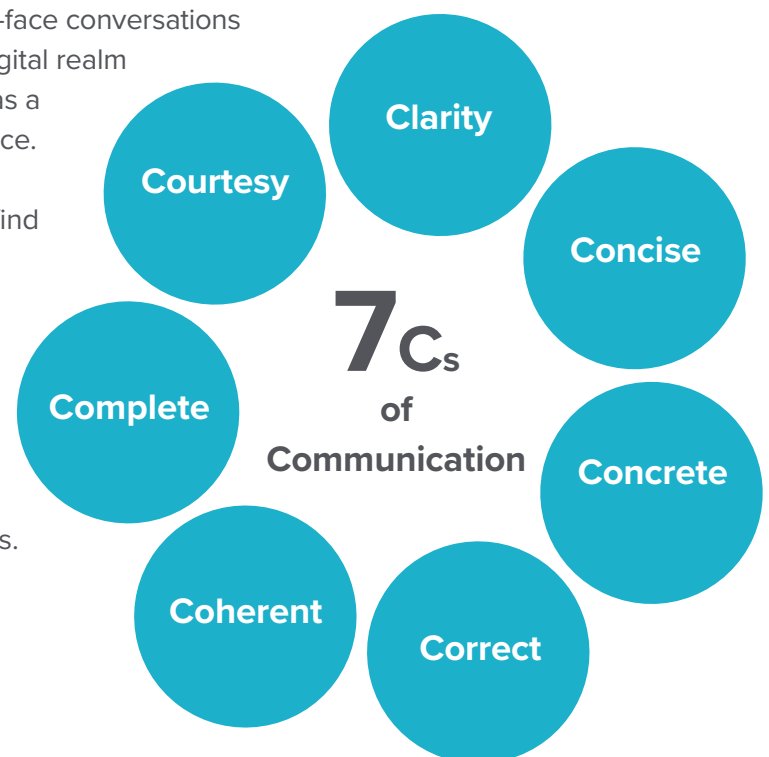
These principles not only enhance individual Credibility and Capability in understanding and engaging with a varied audience but also foster a harmonious work environment. By integrating the rich tapestry of generational perspectives and navigating the spectrum of communication methods – from traditional face-to-face conversations to the dynamic digital realm – the 7C's serve as a beacon of guidance. It is through this diversity that we find strength, driving personal and professional growth in a world where effective communication is the key to success.

Your Health.
Your Communication.
Our Priority.

Let's embark on this journey together, fostering a healthier, more communicative workplace. Reach out to us today for a partnership that transforms.

Contact Phoebe Corporate Health at 229-312-9220 or visit phoebhealth.com/services/corporate-health

Stay connected, stay healthy.



Elevate Your Team's Health with Phoebe Corporate Health

At Phoebe Corporate Health, we're committed to fostering a vibrant, healthy workforce. Our comprehensive suite of services is designed to keep your employees at the peak of their health, ensuring your organization's engine runs smoothly and efficiently.

Experience Our On-Site Health Services:

Why venture outside when we can bring essential health services directly to your doorstep?

Our on-site offerings include:

- Drug Screens
- Physicals
- Biometric Screenings
- Pulmonary Function Testing
- Flu Shots
- CPR, AED, & First Aid Training
- Bloodborne Pathogen Training

Our team is ready to support your health initiatives right at your workplace. Contact Phoebe Corporate Health at **229-312-9220**.



Streamlining Workplace Injury Management

The path to maintaining a low Total Recordable Incident Rate (TRIR) and stellar OSHA safety ratings need not be filled with the hurdles of costly procedures for minor work-related injuries. At Phoebe Corporate Health, we understand the essence of prompt, appropriate treatment.

Guided by Excellence:

Under the medical direction of Dr. Kevin Smith, MD, MPH, FACOEM, the only board-certified Occupational and Environmental

Medicine (OEM) professional in South Georgia, our team is equipped to address your workplace injury needs.

Workers' Comp Services: Delivered with convenience and efficiency at Phoebe Corporate Health, our suite of services ensures your team receives the right treatment, right when they need it.

Physical Therapy: Designed to integrate with our comprehensive approach to workplace injury

management, we focus personalized care in pain management, rehabilitation exercises and recovery programs aimed at rapid and effective recovery.

Join hands with Phoebe Corporate Health, where our blend of expert care and occupational health services propels you towards achieving and maintaining a healthy, productive workplace. Contact us at **229-312-9220**, today.